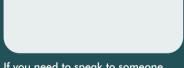
Worried?

Sometimes things happen that make us feel worried. scared or upset. It might be online, at home or through church.

Find out how we can help you.

- We will listen
- You will be believed
- We will help you www.rochester.anglican.org/ safeguarding/for-children



If you need to speak to someone contact Childline on 0800 1111, but if you are in immediate danger, please call the police on 999.

