

## Opening Doors to Dementia

**Medway Dementia Action Alliance Event for Dementia Action Week  
At Rochester Cathedral, 10.30 am – 3.30 pm on Wednesday 30 May 2018**

When?	What?	Where?
10.30 – 11.00	Viewing Marketplace	Throughout the Cathedral
11.00 – 11.20	Tracey Crouch MP opening the event on her new parliamentary role following up Jo Cox Loneliness Commission	Nave
11.20 – 11.40	Dr David Whiting from Medway Public Health on epidemiology of dementia, what we know about numbers and looking after your brain	Nave
11.45 - 12.30	Dementia Friends Session	Lady Chapel
	Viewing Marketplace	Throughout the Cathedral
12.30 – 12.50	Official launch of Dementia Friendly Rochester with Kelly Tolhurst MP, John Portman, Dudley Pearce, and representatives of other founding organisations	Nave
12.50 – 13.10	Keith Oliver and Reinhard Guss speaking about their national roles with Dementia Action Alliance, Young Dementia UK and Three Nations Dementia Working Group	Nave
13.15 – 14.00	Dementia Friends Session	Lady Chapel
	Viewing Marketplace	Throughout the Cathedral
14.10 – 14.30	Dr Bana Haddad, Nicola Tyers, patients and carers from NHS Medway Clinical Commissioning Group, on My Wishes	Nave
14.30 – 14.50	Sonia Fihosy, clinical psychologist at Mytime Active on benefits of exercise	Nave
15.00 – 15.30	Dementia Friendly Service led by Canon Brian Senior and Sue Jelfs from South Gillingham Parish	Lady Chapel

### Organisations to visit in the Marketplace:

Admiral Nursing	Elizabeth House memory clinic
Age UK Medway	Huguenot Museum
Alzheimer's Society	Medway Adult Education
Anna Chaplaincy	Medway CCG and Dying Matters
Bluebird Care	Medway Commercial Group
Carers First	Medway Maritime Dementia Buddies
Dementia Friendly Rochester/Rochester Parish Church	Public Health Medway
	Rochester Literature Festival

Drop in or come for the day. Café in the Crypt open 11.00 am to 3.00 pm.

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