



## **Keeping People with Dementia Connected to Faith, Church and Community**

Faith gives hope, strength and identity in later life, but there can be obstacles for people with dementia in keeping links with church and community.

### **Anna Chaplaincy in Kent, Medway, Bromley and Bexley**

Our Anna Chaplains and Anna Friends support people with dementia and their families, raising awareness of their needs. If you would like help making links with a local church, contact the project officer (details below).

### **Activities for People with Dementia Run by/with Local Churches**

#### **Snodland Dementia Café at All Saints with Christ Church**

**11.00 am – 1.30 pm 2<sup>nd</sup> and 4<sup>th</sup> Wednesday of the month**

At Christ Church Community Hall, Malling Road. Enjoy coffee, chat, activities to stimulate memory, followed by a light lunch. Ring Rev Sue on 01634 241350.

#### **Meopham Alzheimer & Dementia Support Group at St. John the Baptist**

**10.00 am – 12 noon every Tuesday morning**

At the Church Centre on Wrotham Road, DA13 OAA. All welcome for cuppa & chat. Occasional outings. Chiropody by appointment. Every 3rd Tuesday Memory Cafe run by ADSS with speakers, music and singing. Contact: ADSS 01474 533990

#### **Memory Friendly Café at St Edmund's Temple Hill in Dartford**

**11.00 am - 1.00 pm 2<sup>nd</sup> Tuesday of the month**

At St Edmund's Church DA1 5ND. Fun and games for all the family, refreshments and hot lunch if desired. Ring John on 07962 004869, or the office 01322 311265.

#### **Dementia Friendly Services at St Matthew's Church Gillingham**

**2.30 pm 4<sup>th</sup> Monday of the month**

At St Matthew's on Drewery Drive, Wigmore ME8 0NX. A short, interactive church service followed by sharing over tea and cake. Ring Jean on 01634 387379.

#### **Rochester Dementia Memory Café and Drop In Clinic, and Carers Support Group Café held 1.30 – 3.30 pm 4<sup>th</sup> Friday of each month**

With visiting health and care professionals who offer advice at every session.

**Carers support group held 10.00 am – 12.00 noon 3<sup>rd</sup> Tuesday of each month**

St Peter's, Delce Road. Contact johnportman@talktalk.net, phone 07989 783447.

### **Cliffe Memory Café at St Helen's House (next to the church)**

**1.15 – 3.30 pm 2<sup>nd</sup> Friday of the month**

At Buttway Lane, Cliffe ME3 7QP, with chat, games and cake. Contact Janet on 01634 222412, Mandy on 01634 222174, or Brenda on 01634 220553.

### **Hoo Dementia Café at Hoo St Werburgh Church**

**1.00 – 3.00 3<sup>rd</sup> Friday of the month**

Alzheimer's Society in partnership with Anna Chaplaincy. Ring Vicki (Alzheimer's Society) on 01622 747181 or Margaret (Anna Chaplain) on 01634 251979.

### **Companion Café at Lower Stoke Methodist Church**

**10.00 am to 1.00 pm 4<sup>th</sup> Monday of the month**

For anyone with a long-term condition (including dementia) and their carers, at Allhallows Road, Lower Stoke ME3 9SL. Contact wHoo Cares on 01634 272138.

### **St Martin's Memory Café in Chelsfield, Orpington**

**2.00 – 4.00 pm 1<sup>st</sup> Monday of the month**

At St Martin of Tours Church, Church Road BR6 7RF. A place of welcome and worship. Phone Jackie on 01689 854119, or Rev John on 01689 825749, [memorycafe@stmartinschelsfield.org.uk](mailto:memorycafe@stmartinschelsfield.org.uk).

### **Chislehurst Dementia Café**

**2.00 – 4.00 pm 1<sup>st</sup> Thursday in the month**

At Christ Church Chislehurst, 40 Lubbock Road BR7 5JJ. A varied programme each month of musical entertainment and talks followed by tea and activities. Contact [Jude161@hotmail.com](mailto:Jude161@hotmail.com) or ring Judith on 07824358434.

### **Forget Me Not Café in Bromley Common**

**1.30 – 3.30 pm 3<sup>rd</sup> Tuesday of the month**

At St Augustine's Church, Southborough Lane BR2 8RT, contact Diana on [dianaepattison@gmail.com](mailto:dianaepattison@gmail.com) or ring Diana on 020 8464 1151.

### **Memory Café at St James the Great Roman Catholic Church in Petts Wood**

**2.00 – 3.30 pm 1<sup>st</sup> and 2<sup>nd</sup> Tuesdays of the month**

At Community Centre, 281a Crescent Drive BR5 1AY. Refreshments, chat, quizzes, games, music. Email [pastoral.care@stjamespettswood.org](mailto:pastoral.care@stjamespettswood.org), ring 01689 827100.

### **Beckenham Café and Drop In for those with Dementia and their Carers**

**2.00 – 4.00 pm every Thursday**

At St Edmund's RC church, Village Way BR3 3NA. Run by Beckenham Ecumenical Dementia Support (BEDS).

### **Heart of Kent Hospice Dementia Café**

**10.30 – 12.30 1<sup>st</sup> Saturday of the month**

Heart of Kent Hospice, Preston Hall, Aylesford ME20 7PU, with Anna Chaplaincy.

Contact Julia ([Julia.Burton-Jones@rochester.anglican.org](mailto:Julia.Burton-Jones@rochester.anglican.org))  
for further information or to update this list of activities and groups