



Rochester Diocese Lent Course 2015

Challenging Poverty

4: Poverty and justice

Notes for Leaders

Aims of the session

To become 'hungry for justice', considering what we can each do to challenge and change the man-made systems and structures which create and perpetuate poverty.

What you will need

- Bibles
- A set of course notes for each person
- The course DVD

Before the session

If possible, circulate the members' notes and background information ahead of your meeting so that people can be thinking about the issues and challenges before the session.

Poor communities are affected by many of the policies of the UK government and the EU. Why not look up the details of your local MP and MEP beforehand and have them available for the group? Useful websites are www.theyworkforyou.com and <http://bit.ly/EPcandidates>.

As the session begins

For the opening prayer, you may like to have a loaf in the centre of the room and repeat the prayer two or three times, interspersed with the 'Poverty statistics' from the background information. At the end of the session, share the bread for people to take away.

The session follows a sequence, but don't feel you must follow it rigidly. Feel free to select, adapt and concentrate on those sections most useful to your group. The session is intended to last about 1½ hours, so consider how long you want to spend on each section. Allow time for prayer and other activities at the end.

☞ denotes topics for discussion and the ☉ and 📖 symbols indicate things to watch or read as a group. All video clips are on the course DVD, with the exception of 'Prayer for the sake of the poor' which can be downloaded from <https://www.youtube.com/watch?v=Mcx4oZ9ZCGA>. When the notes refer you to the background information, ask one of the group members to read the relevant section.